

Table 2.2: Percent of Women Reporting Difficulty in Mobility-Related Tasks and Level of Difficulty Reported^{1,2}

Task and Level of Difficulty	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate ³ (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Stooping, crouching, or kneeling ⁴	82.6	84.5	82.1	78.1	68.2	89.5	93.1
Level of difficulty ^{5,6}							
A little	10.3	11.7	9.8	7.5	14.4	8.4	7.1
Some	14.0	17.3	12.3	8.9	16.6	15.2	5.2
A lot	20.7	23.9	20.4	11.8	16.0	25.2	17.6
Unable to do	37.5	31.6	39.6	49.4	20.9	40.7	63.2
Doing heavy housework such as washing windows, walls, or floors ⁴	81.6	80.4	82.8	82.0	77.1	79.7	96.4
Level of difficulty ^{5,6}							
A little	6.4	8.4	5.5	2.7	10.5	5.4	0.7
Some	9.2	11.5	8.5	4.0	11.0	10.1	2.7
A lot	11.1	15.6	8.5	4.6	15.7	10.4	3.5
Unable to do	54.8	44.6	60.3	70.1	39.9	53.7	89.0
Walking for a quarter of a mile, that is about 2 or 3 blocks ⁸	74.4	69.7	76.5	82.4	66.0	75.4	89.0
Level of difficulty ^{5,6}							
A little	13.7	12.9	16.4	9.1	20.0	12.5	4.2
Some	14.8	14.8	16.3	11.1	17.5	13.9	11.8
A lot	19.1	20.7	19.6	13.3	17.2	22.6	13.6
Unable to do	26.3	21.0	24.3	47.4	11.2	25.9	58.8
Walking up 10 steps without resting ⁸	51.9	49.3	53.3	55.3	37.2	53.5	77.6
Level of difficulty ^{5,6}							
A little	8.4	6.6	10.8	7.2	8.9	9.2	5.2
Some	15.0	17.4	13.7	11.7	14.8	15.4	14.3
A lot	15.1	16.6	13.8	14.4	9.4	17.1	21.4
Unable to do	13.2	8.8	15.1	21.5	4.1	11.6	36.7
Walking across a small room ⁴	25.5	19.4	25.2	44.1	7.2	26.6	60.0
Level of difficulty ^{5,6}							
A little	4.4	2.5	4.4	9.8	3.0	5.1	5.3
Some	8.4	6.2	8.5	14.8	3.3	10.6	13.1
A lot	5.4	4.8	4.7	9.3	0.9	5.7	14.0
Unable to do	7.0	5.6	7.6	9.4	0.1	4.8	27.2

(Women's Health and Aging Study, screening and baseline interviews, 1992-1995)

¹ All variables have less than 2% missing data. Results are based on non-missing data.

² Descriptive statistics are based on weighted data.

³ No ADL difficulty; disabled in two or more domains (see Chapter 1).

⁴ The question is in the form "By yourself, that is, without help from another person or special equipment, do you have any difficulty . . . ?"

⁵ How much difficulty do you have?

⁶ The percents of participants reporting their levels of difficulty may not add up to the percent reporting difficulty due to (1) rounding (2) level of difficulty not reported.

⁷ The screener question is in the form "Because of a health or physical problem, do you have any difficulty . . . ?" The presence of the condition was confirmed in the baseline interview.

⁸ The screener question is in the form "By yourself, that is, without help from another person or special equipment, do you have any difficulty . . . ?" The presence of the condition was confirmed in the baseline interview.